



## AABH Board of Directors Commitment & Responsibilities

AABH is a member organization led by those elected to represent your best interests in the behavioral health arena. Because this association has a small staff, the AABH board is a working board of active, creative leaders willing to contribute their time, effort and talents to the association.

### COMMITTEES

The four committees made up of board members and other creative association members provide for a diverse and well-rounded board of leaders. Each board member is asked to serve actively on one of the committees while also supporting the efforts of all committees.

#### **Public Policy Committee**

monitors active legislation and policy changes that may affect the partial hospitalization or intensive outpatient benefits and engages in activities and conversations with other associations and even legislators about any changes that affect this benefit. It has also established liaisons with major managed care organizations. This committee is providing guidance and leadership in the changing arena of health care.

#### **Training, Research and Publications Committee**

continually works to keep the AABH Standards and Guidelines up to date and current with best practices, which includes monitoring and reviewing literature that specifically addresses partial hospital programs and intensive outpatient programs. Under the leadership of the committee chairman, the TRP committee also coordinates the webinars.

#### **Membership Committee**

actively reviews current membership and engages in activities to provide the highest quality benefits for members. The Committee also identifies and recruits new members.

#### **Conference Committee**

works with the Executive Director to design and coordinate the annual training conference each year as well as regional training sessions when requested.

### COMMITMENT

Being on the board requires a significant commitment of time and energy: the payoff is in the satisfaction of contributing—along with others—to improving the understanding of and quality of ambulatory care.



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Specifically board members **must** be prepared to commit to:

- attend **two** face-to-face meetings per year (typically will be in the spring and fall. One meeting is connected to the conference)
- join and actively participate in 2 committees (as listed above)
- participate in approximately **one** or **two** committee conference calls per month
- take responsibility for travel and lodging expenses

Because we are a small board, attendance at board meetings and on calls is critical to the efficiency and productiveness of the board.

Board Members must have been a member of AABH for one year. Those that lead AABH forward are:

- People with an investment in the future of PHP and IOP behavioral health services.
- People with a demonstrated commitment to AABH and its members.
- People with good, workable ideas for how this association can be helpful to members.
- People that are well grounded in ambulatory services.
- People who have worked successfully with payers and regulators.
- People that enjoy teamwork.

## RESPONSIBILITIES

Key Responsibilities of Board members:

1. Meet the needs of AABH Members
  - a. We exist to represent and serve our members
  - b. Every decision should be driven by “how will this help us represent, serve, and advocate for our members?”
2. Set policies that guide our organization
  - a. We set policies that ensure our organization and board runs smoothly
  - b. Policies help guide our ethical and legal practices
  - c. They are the foundation of our work
3. Develop, monitor and update a strategic plan that outlines the long-range goals for the organization’s growth and development.
  - a. The strategic plan and goals are guided by our mission and lead us to fulfilling our vision
  - b. We create long- and short-term plans for sustainability
4. Stewardship of finances
  - a. We are responsible and accountable for the finances of AABH
5. Advocacy to regulatory bodies
  - a. We represent AABH members on various committees of regulatory bodies (for example, Joint Commission)
  - b. We advocate for policy change where needed



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- c. We keep abreast of current industry trends to advocate when needed
- 6. Support our Executive Director
- 7. Actively participate in board and committee meetings
  - a. Each member attends at least 10 board meetings annually. When unable to attend, he/she seeks a proxy to be his/her voice
  - b. Each member participates in 2 committee meetings and attends 80% of these meetings.

Thank you for your commitment to serve on the AABH Board!